

CHAIRSIDE RISK ASSESSMENT FOR DEVELOPING ANOTHER CAVITY

Date: _____ Name: _____

Does patient have any of the following risk factors:

Check all that apply

Caries removed today during appointment	
Active decay in the previous 24 months	
Extraction due to decay in the previous 24 months	
Exposed root surfaces	
Dry mouth	
Medications that cause dry mouth	
Consumes sugary or acidic foods or drinks between meals	
Pregnant	

If we marked any of these items today you are at risk of developing another cavity. Dental decay is a bacterial infection and removing decay and placing a filling or crown does not eliminate the infection. Please follow the suggestions we have given you for at home care and we will continue to provide you with an in-office fluoride varnish application 2-4 times a year until you reach 36 months without an additional cavity.

See reverse side for prevention strategies.

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Treatment

Dosage and Frequency

In-office fluoride varnish	2 3 4	Applications per year
Prescription toothpaste	1 2	Uses per day
Xylitol gum	3 5	Uses per day

Scientific research shows that this combination of treatment reduces the amount of cavity causing bacteria in your mouth and strengthens your enamel against their attack.

Additional suggestions:

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